

Southwest®

The Magazine

- bathing suit
- sunscreen
- kayak
- flip-flops
- surfboard
- undersea scooter
- towel
- champagne flute
- fishing rod

water

67 ways to soak up summer



PLENTY OF FISH
Some 6 to 8 million people visit Jones Beach annually.



WANT MORE?
Browse the Inflight Entertainment Portal for the best spots to eat, drink, stay, and play in your final destination. It's free!

YOUR ADVENTURE IN **Long Island**

BY BEN MARSHALL

At 118 miles long, this sliver of New York lives up to its name. And there's no shortage of things to do, either: A flight into Long Island MacArthur Airport places you just minutes from historic estates, world-class wineries, and some of the best beaches on the East Coast. Ready to go? First, tell us more about you.

ARE YOU A

SHOPAHOLIC
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EPICUREAN
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HISTORY BUFF
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OUTDOOR ADVENTURER
page 90

BREAK TIME

Where to refuel mid-spree



TATE'S BAKE SHOP

Swing by Southampton for a brownie, blondie, or award-winning chocolate chip cookie. We bet you can't eat just one.



KRISCH'S

Not much has changed at this 96-year-old diner and ice cream parlor since it moved to Massapequa in 1955. Think retro soda fountain and 10-stool counter.



HAMPTON COFFEE COMPANY

This family-run roaster has four locations on the island, plus a mobile espresso unit that roams the Hamptons.

Pencil these into your L.I. shopping list

Cold Spring Harbor Antiques

This multi-dealer showroom near Huntington is a gold mine of fine jewelry, period pieces, and imported accents.

Americana Manhasset

The most sophisticated retailers this side of NYC—Gucci, Prada, Louis Vuitton—set up shop at this open-air center on the North Shore.

Tanger Outlets

Bargain hunters, take aim at this chain's two locations (in Riverhead and Deer Park) for discounted designer threads.



SHELL OUT
Pick up beach essentials like boards and totes from Pilgrim Surf + Supply.

Leave Room in Your Suitcase

Sure, the Big Apple is one of the world's premier shopping destinations. But a short drive east of SoHo and Fifth Avenue, Long Island's pedestrian-friendly main streets and shopping villages are studded with high-end boutiques, laid-back bargain bins, and everything in between. For those with deeper pockets, Amagansett Square, the Hamptons' handsome retail-therapy hub, is fringed by friendly shops hawking vintage vinyl, fine home furnishings, surfboards, shoes, and more. Operating on a budget? Port Jefferson and the town of Huntington offer some thriftier alternatives.

Top stops on
Long Island
Beverage
Trail.com

Great South Bay Brewery Hop inside the 4,000-square-foot tasting room Wednesday through Sunday to sample a flight and then fill a growler for home. **LiV Long Island Spirits** This farm-to-bottle operation is the first distillery on the island since the 1800s. **Destination Agriculture** Connect with local farmers on an educational—and tasty—greens and berries tour.

SALT OF THE EARTH

Live off the land and sea at these locavore locales



NOAH'S

The menu changes daily to reflect local bounty, but you can't go wrong with the seafood tower: clams, oysters, lobster, and shrimp.



INLET SEAFOOD RESTAURANT

This Montauk mainstay is owned by six commercial fishermen who unload their daily haul just feet from your fork.



LEWIN FARMS

The island's first pick-your-own produce farm invites visitors to raid its orchards and berry fields. Peach season runs mid-July through mid-September.

GARDEN VARIETAL

Sip Shinn Estate's signature merlot among the blooms outside the tasting room.



Taste the North Fork

In East End, former potato farms and once sleepy seaside villages have given way to more than three dozen wineries, making this side of L.I. a bona fide oenophile destination. Choose from a variety of tour companies or designate a driver and explore the region at your own pace. Our favorite spots: Shinn Estate Vineyards, because of its rustic tasting room and winery set in a restored barn; Lieb Cellars, for its inviting patio; and Bedell Cellars, where 30-year-old vines yield lauded reds, like its flagship Musée.

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The sun kisses the sky and the waves sing an enchanting lullaby. The Fire Island lighthouse inspires daydreams of ancient ship tales and ocean crossings. The sweet taste of fresh lobster from a local seaside shack feeds the soul. The sound of laughter and delight from family and friends fills your heart. 100 miles of white sand beaches. Discover Long Island.

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More ways to travel back in time

Cradle of Aviation Museum

Climb inside cockpits or stand back and marvel at more than 75 aircraft at this tribute to Long Island's aerospace heritage.

Long Island Museum

This nine-acre complex in Stony Brook owns one of the nation's finest collections of horse-drawn vehicles.

Old Westbury Gardens

Stroll through the Gatsby-esque former home of financier John S. Phipps, through October 31.



HOME IMPROVEMENT
The detailed renovation took more than three years.

Wander Great Estates

Teddy Roosevelt would approve this message. As a key figure in our nation's early conservation efforts, the 26th president would no doubt endorse last summer's completion of a \$10 million restoration of his "summer White House," Sagamore Hill. Take a guided tour of the mansion, stand on the porch where T.R. gave speeches, and glimpse his famous Rough Rider hat, hanging on the antler of a mounted elk head in the North Room. Presidential politics wearing you out? Elect instead to visit Walt Whitman's birthplace in Huntington Station or Jackson Pollock's house in East Hampton.

THREE TIMES THE CHARM

Reserve a room at these stately stays



JEDEDIAH HAWKINS INN

This romantic B&B, built as a sea captain's home in 1863, is flanked by farms that supply ingredients to its two on-site restaurants.



OHEKA CASTLE

Live like royalty (at least temporarily) in one of 32 lavish rooms at this over-the-top Gilded Age mansion along the Gold Coast.



MONTAUK MANOR

This majestic, 1920s-era hotel boasts 140 units, many with sweeping views of the Atlantic Ocean, Gardiners Bay, and Block Island Sound.

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At the twilight's last gleaming.

Each grape filled with the desire and dreams of the vintner. Each apple, pumpkin, and peach planted with love and perfected by generations of farming families. Each daily catch is the victory of a fisherman's legacy. The passion of place is palpable. Local. Authentic. Delicious. Romantic. Feed your senses. Discover Long Island.

Book your Suffolk County trip today at [DiscoverLongIsland.com/Taste](https://www.DiscoverLongIsland.com/Taste).

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HANG TOUGH
This year's nearly 12-mile course will feature 20-plus obstacles.

Stretch Your Limits

Set in Old Bethpage Village Restoration, surrounded by woods, farmlands, and fields, this year's Tough Mudder (July 23) will be anything but a walk in the park. Among the teams planning to plunge into icy trenches, scale 16-foot walls, and trudge through waist-deep mud pits: a team of doctors, patients, and staff from North Shore Hematology Oncology Associates. NSHOA is raising money for its foundation, Advocates for HOPE, which helps cancer patients with non-medical expenses. "Last year, our goal was simple: Start and finish as a team," says Dr. Jeff Vacirca, CEO and clinical oncologist. "We all finished—dirty, bruised, and banged up, but unbelievably happy."

How to take a break from the beach (if you must)

Montauk Point State Park Ascend the 132-step lighthouse and then watch the tides of the Atlantic Ocean and Block Island Sound converge. **The Adventure Park** Located in Wheatley Heights, the park's aerial ropes courses are suitable for climbers of all levels, ages 7 and up. **Bethpage State Park** Take a swing at the Black Course, which hosts the PGA's The Barclays tournament in August.

TEST THE WATERS

Mud pits not your thing? Try...



PADDLING

Rent a boat or stand-up paddleboard from Long Island Canoe Kayak Rentals, part of Treasure Cove Resort Marina, and explore the picturesque Peconic River.



FLOATING

Snag an H2GO pass at Splish Splash and skip the lines for the quarter-mile lazy river, speed slides, New York's first hydromagnetic water coaster, and more.



SURFING

Managed by pro big-wave surfing brothers Cliff and Will Skudin, Skudin Surf offers camps, group classes, and private lessons for adults and children.

PHOTOGRAPHY COURTESY OF TOUGH MUDDER