DAY 1:  DISCOVER ‘AMERICA’S POET’

It has been said: “You cannot really understand America without Walt Whitman,” since his work so deeply reflects American culture. Visit the birthplace of America’s most famous poet, born in a small farmhouse in the rural Long Island community of West Hills in 1819. Delve into the memorabilia and writings at the interpretive center and understand how Whitman’s writings captured the spirit of the nation and examined some of the period’s most significant events, including westward expansion, immigration, slavery, and the Civil War. Hike or horseback ride in nearby West Hills County Park, where Whitman drew his inspiration.

DAY 2:  GEORGE WASHINGTON’S SPY TRAIL

Long Island was a center for spy activity during the Revolutionary War. General George Washington credited many here for the ‘behind the scenes’ help they gave. His well-documented journey to personally thank members of his spy ring can be followed along Rte. 25A, also known as the ‘Long Island Heritage Trail.’ Among the sites to visit are: Raynham Hall, where the Townsends became part of the Washington Spy Ring; The Arsenal in Huntington, where Job Sammis hid stores of gun powder in his attic during the onset of the British occupation; the Conklin House, where Sybil Conklin lived and worked while her husband, David, was held prisoner by the British during the Revolutionary War; and the Brewster House in Stony Brook, where American Patriot Caleb Brewster spied on British soldiers during the Revolutionary War.
DAY 3:  
**PRESIDENT THEODORE ROOSEVELT**  
Visit historic Sagamore Hill, the ‘Summer Whitehouse’ of President Theodore Roosevelt, one of America’s most beloved presidents. Tour the museum at Orchard Hill, filled with important memorabilia. And visit the nearby cemetery where President Roosevelt is interred. Lunch and shopping in the quaint village of Oyster Bay, then light hike through the Theodore Roosevelt Sanctuary dedicated to President Roosevelt and his love of nature.

DAY 4:  
**O’KEEFFE, GROSZ AND MOUNT**  
Explore the Heckscher Museum of Art where you’ll find Georgia O’Keeffe and George Grosz paintings, as well as special exhibits featuring world-renowned works of art. Lunch in Huntington Village. Then venture to the Long Island Museum of Art, History and Carriages where you’ll see a spectacular collection of American art by William Sidney Mount, and the largest collection of historic carriages in the country.

DAY 5:  
**JACKSON POLLOCK AND LEE KRASNER**  
Maybe it’s the unique glimmering light here, or the bucolic east end scenery, or the close proximity to the vibrant New York City art scene, but Long Island has always been a natural magnet for creative people. Visit the former home of Jackson Pollock and Lee Krasner, two of the country’s foremost abstract expressionist painters at the Pollock-Krasner House in Springs, East Hampton. This working studio, now a National Historic Landmark, also contains research material on 20th century American art. Nearby is the Parrish Art Museum, housed in an award-winning Herzog & de Meuron-designed building; and the Longhouse Reserve outdoor sculpture park.