Coast to Coast
Long Island Beach and Island Experience

New York City’s Beachfront Backyard

LONG ISLAND, NY – Multi Day Itinerary

Proximity to NYC and suggested destinations to visit on Long Island

DAY 1 – 3: NYC

GETTING FROM NYC → LONG ISLAND

After spending time in New York City head to Long Island.

• SELF-DRIVE or Group
• Car Rental Options:
  o New York John F Kennedy Intl Airport Car Rentals: Surprise Agency, Booking.com, Alamo, National, Enterprise, AVIS, Hertz, Budget, Dollar, Thrifty;
  o Long Island MacArthur Airport Car Rentals: Hertz and Sunnycars, Enterprise, Budget;
• Long Island Rail Road – LIRR http://www.mta.info/lirr
• More transportation options: https://www.discoverlongisland.com/listings/transportation/

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D A Y  4:

Options to enjoy a day on the beach 🌞 🌸 🌿

A)

- **Long Beach** [www.longbeachny.gov](http://www.longbeachny.gov)
  Known for its white sandy beaches and its iconic boardwalk, Long Beach is filled with opportunities for families such as beach chair and umbrella rentals, surf lessons, food concessions, ‘Shoregasboard’ Food Truck Market, walk or bike the newly renovated Boardwalk.

Choice of accommodation:

- **Long Beach Hotel New York** [www.longbeachhotelny.com](http://www.longbeachhotelny.com)
  Under a block from the beach and boardwalk, this laid-back hotel is a mile from LIRR trains at Long Beach station and 10 miles from Nikon at Jones Beach Theater. Airy rooms with hardwood floors feature free Wi-Fi and flat-screen TVs. Suites add seating areas or separate living rooms with futons or pull-out sofas. Some suites have extra bedrooms or whirlpool tubs.

- **Upscale option: Allegria Hotel** [www.allegriahotelny.com](http://www.allegriahotelny.com)
  As Long Island's only luxury oceanfront hotel, The Allegria fuses timeless sophistication with a chic beach vibe. Dine at Atlantica on the Ocean, which sits on the iconic boardwalk, sip a martini at L’Onda Lounge or slip away to the rooftop pool, all just steps away from the beach.

B)

- **Freeport Nautical Mile**
  This 8.5 mile/13.5 km of waterfront is known by the locals for its fresh-from-the-boat seafood, fine waterside dining, terrific entertainment, charter fishing and boating experiences. Seasonal boat shows and races, specialty shops, festivals and events. Nightlife is particularly popular on The Mile as the outdoor dining and bars fill with live music, dancing and fun.

- **Boat Charters** [capt lou fleet.com](http://capt lou fleet.com)

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Whether your set on a day or fishing, whale & dolphin watching, or a relaxing evening sunset cruise, climb aboard the Captain Lou Fleet or Sapphire Cruises to experience one of the many available water activities.

- BrewSA Brewing Company [www.brewsa.com](http://www.brewsa.com)
  Located right on the Freeport Nautical Mile, BrewSA was built on the idea it means something to say "Made in America", and encourages visitors to taste American hand crafted beers. With seasonal events happening throughout the year, relax with a drink as you enjoy your day on the water.

- Point Lookout, NY [http://www.pointlookoutcommerce.com](http://www.pointlookoutcommerce.com)
  Explore this quaint beachfront community offering a laid-back South Shore experience that includes fishing, beaches, small shops, restaurants and nightlife.

- Hampton Inn & Suites RVC [www.hilton.com/Hampton_Inn/Rockville](http://www.hilton.com/Hampton_Inn/Rockville)
  This modern hotel with an atrium lobby is 5.8 miles from Long Beach and 28 miles from Manhattan. The classic rooms include free WiFi and custom-designed beds, plus both full and lap desks (for working on the bed), flat-screen TVs and coffeemakers. Suites add pull-out sofas.

C) Jones Beach [parks.ny.gov/parks/jonesbeach/](http://parks.ny.gov/parks/jonesbeach/)
World famous Jones Beach State Park is home to 6.5 miles/10.5km of beautiful white-sand beach on the Atlantic Ocean where visitors can swim, sunbathe, stroll the boardwalk, fish, get a bite to eat at one of the many concession stands, play miniature golf, shuffleboard, basketball and a children’s playground.

- WildPlay [www.wildplay.com](http://www.wildplay.com)
  WildPlay is an adventure park at Jones Beach State Park featuring ropes, bridges and tunnels and a 700-foot zip line that runs parallel to the Atlantic Ocean. Whether you’re conquering your fear of heights or challenging your physical abilities, there’s an activity for every level of intensity.

**Day 5:**

Visit Fire Island: ☀️ 🌸 🌿

- **Option 1:** Drive to Field 5, Robert Moses Beach and walk to the Fire Island Lighthouse ([www.fireislandlighthouse.com](http://www.fireislandlighthouse.com)) Discover Fire Island’s natural beauty as you explore the nature trail and take the 182-step tour of the tower and see the magnificent panoramic view of the ocean and bay that surround the Fire Island Lighthouse. A trip to the lighthouse, its Keeper’s Quarters and exhibit center will give a unique opportunity to experience this history with photos and displays that tell the rigors of life at the Fire Island Lighthouse.
  Stay at: Clegg’s Hotel Fire Island [http://www.cleggshotel.com](http://www.cleggshotel.com)
  Overlooking Great South Bay, this relaxed, family-run hotel is 7 minutes' walk from the closest beach, 4
miles from Fire Island lighthouse and 8 miles from Robert Moses State Park. The unassuming, TV-free rooms with quaint decor have shared bathrooms; some rooms offer bay views. Suites sleep up to 4 people, and come with private bathrooms and kitchenettes. Room service is available. Complimentary perks include loaner bikes, beach chairs and umbrellas, and continental breakfast served in a low-key dining room.

- **Option 2:** Take Fire Island Ferries ([www.fireislandferries.com](http://www.fireislandferries.com)) from Bayshore to Fire Island. Choose from Ocean Beach, Ocean Bay Park, Fair Harbor, Kismet, Saltaire Seaview and Dunewood/Atlantique. Fire Island is known for its protected beaches and vibrant communities with multiple dining, entertainment, shopping and activities for both day and night. While there, visit **Fire Island’s Sunken Forest.** According to the New York Natural Heritage Program, the Sunken Forest was ranked as "globally rare," meaning there are few remaining occurrences of this assemblage of plants throughout the world.

Stay at: **Palms Hotel Fire Island** [www.palmshotelfireisland.com](http://www.palmshotelfireisland.com)
The Palms is a boutique hotel in Ocean Beach on Fire Island which offers luxurious accommodations in a relaxed and inviting atmosphere. Unlike typical hotels on Fire Island, the Palms distinguish itself as having the finest amenities with the highest standard of customer service.

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**DAY 6:**

- **Port Jefferson, NY** [http://portjeff.com](http://portjeff.com)
  Port Jefferson combines beauty and history with its picturesque water views and a rich maritime heritage. A top Long Island destination for boaters as well as easy access to unique shops, specialty restaurants and activities.

- **Bayles Boat Shop** [http://www.lisec.org/Boatshop.html](http://www.lisec.org/Boatshop.html)
  Lead by the Long Island Seaport and Eco Center, the boat shop is a community heritage project where visitors can Recapture history and learn about the building and restoration of wooden boats.

Choice of accommodation:

- **Danford’s Hotel Marina & Spa** [http://www.danfords.com](http://www.danfords.com)
  Danford’s Hotel, Marina & Spa is located along the nationally recognized North Shore Heritage Trail and nestled in the heart of historic and nautical Port Jefferson Village. A contemporary harbor side retreat, Danford’s is an elegant boutique hotel and premier destination on the north shore of Long Island.

- **Three Village Inn** [www.lessings.com/corporate/hotel](http://www.lessings.com/corporate/hotel)
  Master and Signature Suites are the ideal getaway retreat. Luxury accommodations are accompanied by Mirabelle’s restaurant, with farm-to-table cuisine by a renowned Long Island chef.

- **Stony Brookside Bed & Bike Inn** [www.thestonybrookside.com](http://www.thestonybrookside.com)
Overlooking Mill Pond, Avalon Park and Stony Brook village, this quaint 3 room Inn is an intimate overnight experience with options for using bikes to explore Stony Brook or arrange a self-guided Long Island bike tour.

- Hampton Inn Brookhaven  [www.hilton.com/Hampton_Inn/Brookhaven](http://www.hilton.com/Hampton_Inn/Brookhaven)
  This modern hotel by the Long Island Expressway is 7 miles from fishing and hiking at Southaven County Park, 6 miles from Lake Ronkonkoma and 4 miles from the Suffolk Sports Hall of Fame. Traditional rooms feature free WiFi and flat-screen TVs with HD channels, plus desks and coffeemakers (some add minifridges, microwaves and pull-out sofas). Suites add whirlpool tubs and extra living space.

**DAY 7:**

  Previously voted by Forbes Magazine as “One of Americas Prettiest Towns”, Greenport is a popular destination to any Long Island visit. Located at the east end of Long Island’s North Fork, Greenport’s authentic fishing town is visited for its nautical history as a former whaling port, unique shops, year-round activities and annual Maritime festival.

- Claudio’s Main Restaurant  [www.claudios.com](http://www.claudios.com)
  American cuisine with an emphasis on fresh seafood in the New England coastal tradition. Quality fresh ingredients, generous portions, local wines and warm hospitality.

- Aldo’s Coffee Company  [https://aldos.com/](https://aldos.com/)
  Since 1987, Aldo’s has been roasting coffee and baking their famous biscotti and scones at a boutique, European-style cafe in Greenport, New York.

- East End Seaport Museum  [https://www.eastendseaport.org](https://www.eastendseaport.org)
  The East End Seaport Museum on the waterfront of Greenport shares its history with its various maritime exhibits and collections. Also enjoy the offshore experience at the historic Long Beach Bar (Bug) Lighthouse. Bug Light is the gateway to Greenport, Shelter Island, and Peconic Bay which is also maintained and operated by the museum.

Choice of accommodation:

- Soundview Inn Greenport  [https://soundviewgreenport.com](https://soundviewgreenport.com)
  This casual, resort-style hotel with a private beach is 2.3 miles from the boutique shops and restaurants of Greenport Village, and 3.3 miles from Shelter Island. The functional rooms and suites have beachfront decks, satellite TV, minifridges and coffeemakers. Suites add private porches and/or kitchenettes.

- Greenporter Hotel  [https://greenporterhotel.com](https://greenporterhotel.com)
  This retro 1950s-style hotel is a 3-minute walk from both the nearest beach, and Mitchell Park and Marina. The minimalist rooms offer free Wi-Fi and HDTVs, Italian linens, pillow-top mattresses and ensuite bathrooms. They also come with designer toiletries, minifridges and coffeemakers. Some rooms add soaking tubs and pull-out sofas.
## EVENTS:

### January
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### February
- • Winter Fest
  [https://longislandwinterfest.com/](https://longislandwinterfest.com/)

### March
- • THAW: The Hamptons Art Festival Weekend
  [https://www.hamptonsartsnetwork.org/new-page](https://www.hamptonsartsnetwork.org/new-page)

### April
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### May
- • Bethpage Air Show
- • The Jovia Long Island Marathon
  [https://runsignup.com/Race/ny/EastMeadow/LongIslandMarathon](https://runsignup.com/Race/ny/EastMeadow/LongIslandMarathon)

### June
- • Belmont Stakes Racing Festival
  [https://www.belmontstakes.com/event-info/](https://www.belmontstakes.com/event-info/)
- • Long Island Pride on the Beach
  [https://prideonthebeach.org/li-pride-events/](https://prideonthebeach.org/li-pride-events/)

### July
- • Jones Beach Fireworks
  [https://www.jonesbeach.com](https://www.jonesbeach.com)
- • The Hampton Classic Horse Show

### August
- • The Hampton Classic Horse Show
  [http://www.hamptonclassic.com](http://www.hamptonclassic.com/)

### September
- • Greenport Maritime Festival
  [https://www.greenportvillage.com/maritime-festival/](https://www.greenportvillage.com/maritime-festival/)

### October
- • Hamptons International Film Festival
  [https://hamptonsfilmfest.org/](https://hamptonsfilmfest.org/)
- • Oyster Festival
  [https://www.theoysterfestival.org/](https://www.theoysterfestival.org/)
- • Suffolk County Marathon
  [https://suffolkmarathon.com/](https://suffolkmarathon.com/)

### November
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### December
- • Port Jefferson Charles Dickens Festival
  [https://portjeff.com/dickens/](https://portjeff.com/dickens/)

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