

Make a splash on Long Island!

With its soft-sand beaches and sunny vineyards, seaside villages and historic landmarks, this close-to-Manhattan island is a winning vacation spot!

It's the season of simple pleasures: long days on sunny beaches, lazy afternoons in lounge chairs, balmy nights. If these images fill your summer daydreams, you can make them all come true on New York's Long Island. Set within easy reach of the Big Apple and brimming with seacoast excitement and scenic beauty, it's the ideal place to indulge your sense of vacation adventure!

At 118 miles end to end, Long Island is the largest island in the continental U.S. Across the East River from Manhattan, it possesses an urbanized character. But as you head east into Nassau County, once home to presidents and Gilded Age millionaires, you'll discover gracious estates, historic and cultural attractions, sophisticated towns and, of course, beautiful beaches. Here, you can spend your days shopping, sightseeing or hanging out on Jones Beach, the most-visited beach in the state.

You'll really know you've left the city behind when you hit easternmost Suffolk County. Covering more than 900 square miles, Suffolk County is a playground where vacationers can experience an endless variety of downtime pleasures. The glistening sand that stretches for miles along the waters of the Atlantic Ocean and Long Island Sound creates a dreamscape for beach-lovers, while inland attractions range from rolling vineyards and fruitful orchards to shaded nature preserves. Lighthouses and seaside villages, sophisticated resort towns and world-class wineries, four-star restaurants and beachfront clam shacks—Long Island has it all!

Armchair Traveler

Make a stir with Long Island's signature cocktail



Long Island's namesake cocktail, the Long Island iced tea, was invented in the elegant Hamptons. And this recipe for the potent drink, courtesy of Oso at the Southampton Inn, is sure to be the hit of any party!

Long Island Iced Tea

- 1/2 oz. vodka
- 1/2 oz. gin
- 1/2 oz. rum
- 1/2 oz. tequila
- 1/2 oz. triple sec
- 1 1/2 oz. sour
- Splash of Coca-Cola
- Lemon or lime for garnish

Shake all ingredients except soda in shaker filled with ice. Pour into 12-oz highball glass filled with ice; top off with Coca-Cola. Garnish with a lemon or lime. **Serves 1.**

Long Island's 7 must-sees

1 MONTAUK

Located at Long Island's easternmost tip, this 400-year-old fishing village delights visitors with its relaxed vibe, beautiful beaches and great seafood. Spend your day basking on the sand or swimming in the sea, then climb to the top of the historic Montauk Point Lighthouse, commissioned in 1792 by George Washington.



2 THE GOLD COAST

With its Gilded Age mansions, historic landmarks and upscale shopping, this North Shore enclave has a famously posh personality. Tour the Vanderbilt Mansion, then shop like a millionaire on the Miracle Mile!



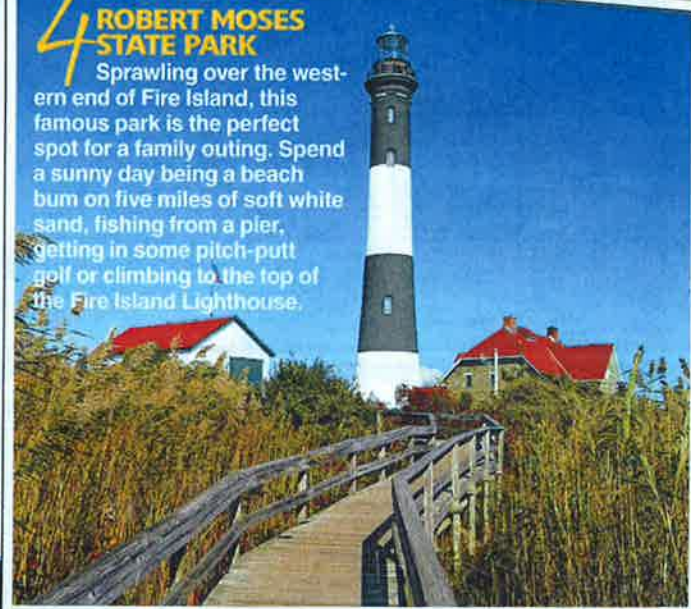
3 THE HAMPTONS

This South Fork region is as well-known for its celeb-filled social scene as for its dune-lined beaches. Hit the surf on Coopers Beach, rated the 2010 Top Beach in America by Dr. Beach, then head into Southampton to shop, visit a gallery or people-watch from a café.



4 ROBERT MOSES STATE PARK

Sprawling over the western end of Fire Island, this famous park is the perfect spot for a family outing. Spend a sunny day being a beach bum on five miles of soft white sand, fishing from a pier, getting in some pitch-putt golf or climbing to the top of the Fire Island Lighthouse.

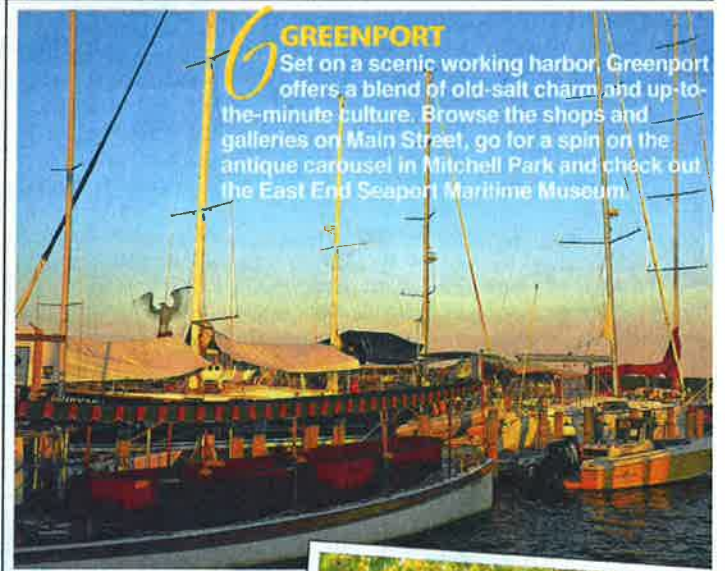


5 OLD WESTBURY GARDENS

This 160-acre former private estate is a wonderland of formal gardens, tree-lined walkways, sweeping lawns and tranquil lakes and ponds. Another beautiful botanic site: Planting Fields Arboretum, with its rose garden, Italian Blue Pool Garden and Tea House.

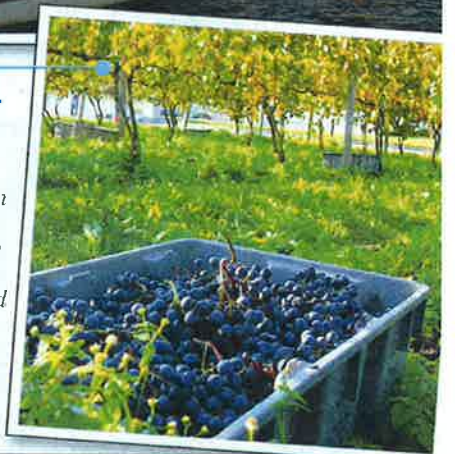
6 GREENPORT

Set on a scenic working harbor, Greenport offers a blend of old-salt charm and up-to-the-minute culture. Browse the shops and galleries on Main Street, go for a spin on the antique carousel in Mitchell Park and check out the East End Seaport Maritime Museum.



7 THE WINE TRAIL

Long Island's first winery opened in 1973 on just 17 acres. Today, 50 wine producers on more than 3,000 acres have created the newest, fastest-growing wine region in the state! Pick up a map and take a self-guided tour of the Wine Trail's 30 open-to-the-public wineries and tasting rooms.



THE SCOOP

What to pack: Shorts and flip-flops; a chic, night-on-the-town outfit.
What to buy: Wine, nautical-themed souvenirs, fruit preserves.
Median family income: \$86,000.
Average price of a family home: \$490,000.
For more info: Call the Long Island Convention and Visitors Bureau at 877-386-6654 or go to DiscoverLongIsland.com.

NEXT WEEK:
Summer's a blast in
Carlsbad!

